

# Directions to Crooked Lake Triathlon From Belfast

From Belfast:

1. From The Westlink/A12 continue on to M1 Motorway (South)
2. After 8.4 miles exit at Junction 7 onto A1 Hillsborough Road (South)
3. Take 2nd exit at roundabout, past Sprucefield Centre, continue to follow signs for A1
4. Continue South along M1 South for 26.8 miles to Newry
5. At Newry take the 3rd exit, following signs for Camlough
6. Take the 4th exit at the roundabout onto Camlough Road
7. Continue 2.2 miles to Camlough

